

Language Arts Performance Task

General Instructions:

This task has three parts: Part 1A, Part 1B, and Part 2.

There are two sources provided. Read the letter to the editor in source 1 and the comments in source 2. Then, use them to answer the questions that follow in Part 1A and Part 1B, as well as Part 2.

Source 1

One Good Move Deserves Another

Dear Editor,

Recently, the government of Jamaica announced their intention to ban sugary drinks in schools. This ban appears to be targeting drinks such as sodas as well as other drinks which may have been made with high levels of sugar. This is a good decision that the government has made. They have to help the citizens to make better choices.

Too much sugar can be unhealthy. Research has shown that the consumption of large amounts of sugar can contribute to medical conditions like obesity.

According to the Minister of Health, Dr Chris Tufton, "almost 70 per cent of Jamaican children consume one or more sugar-sweetened beverages per day." He also said that "the frequency of obesity in children 13 to 15 years has increased by 68 per cent and doubled in boys, over the past seven years."

However, if the government is truly interested in improving the overall health of our children then they may want to consider doing more. This will ensure that our children are making healthy choices at school. This would include limiting how often fried food, pastry and salty snacks are served in school canteens. Students should participate in physical activities like playing football, netball and basketball.

Playing games such as dominoes and scrabble are also helpful mind-building activities. Also, participating in a Debating Club can really help children to become confident individuals. The Debating Club will allow students to see different points-of-view in an argument. This contributes to the development of healthy minds.

The ban on sugary drinks is a good thing. But it is not enough if we are serious about making our children live healthier lives.

James Williams
Concerned Parent

Source 2

The following comments were posted in response to the letter to the editor in Source 1. Read them carefully before answering the questions in Part 1A, Part 1B, and Part 2



It's great to see the government taking a step in the right direction where sodas are concerned. Sodas have too much sugar which will negatively affect children's concentration. Parents need to be on board too.

Deborah

I am in my mid-sixties and we had any amount of sugary drinks in school and there were no problems then. What has changed?

Celia

Good move. Sometimes you have to save some people from themselves.

Lloyd

I agree that we should ensure that our children are healthy in both mind and body.

Donvill

The children and adults today watch TV or use their tablets Ipads/Ipods and don't get enough exercise like we did. I try to keep my grandchildren active as much as possible when they are at my house.

Janet

This is excellent news. There are too many incidents of young people being diagnosed with diabetes and kidney disease.

Brewster



These Ministers and school principals are only interested in getting paid. Many schools will be quick to sell sodas instead of freshly made juices. Also, other schools ban sugary drinks yet they keep having cake sale. Is it the drink we intend to ban or the sugary

Jennifer

Part 1 A**Instructions:**

This part has **TWO (2)** questions. Read each question carefully then answer **ONLY ONE** question.

1. Which **TWO** details from **Source 1** indicate the letter writer's support for the ban on sugary drinks?
- A. They have to help the citizens to make better choices.
 - B. The frequency of obesity in children 13 to 15 years increased by 68 percent.
 - C. The government of Jamaica announced their intention to ban sugary drinks in schools.
 - D. The ban on sugary drinks is a good thing.
 - E. Jamaican children consume one or more sugar-sweetened beverages per day.

OR

Read the statement below and use it to answer question 2.

Something other than sugary drinks may be causing children to be unhealthy.
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2. Which **TWO** persons from **Source 2** support the statement?

- A. Janet
- B. Lloyd
- C. Celia
- D. Deborah
- E. Brewster

Part 1B**Instructions:**

Read each statement in the table carefully then indicate, by shading, whether each statement is supported by Source 1, Source 2, Both Sources or Neither Source.

Statement	Source 1 supports	Source 2 supports	Both Sources support	Neither source supports
More can be done to ensure that students make healthy choices at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The ban on sugary drinks in schools is only for students 13 to 15 years.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sodas are a type of sugary drink.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are different points-of-view on whether or not children should be allowed to have sugary drinks in schools?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

Part 2

Instructions:

Read the task below, and the information about what to include in your essay then begin your work. You may also look at the answers you wrote to earlier questions.

Task

Write an essay explaining **THREE** things students at your school can do to remain healthy. Your essay **MUST** include evidence from **both source 1 and source 2**, as well as **your own experiences**.

When you write your essay remember that it should:

- *have an introduction and conclusion*
- *stay on the topic*
- *use details from the two sources to support your opinion*
- *give details from the sources in your own words*
- *follow rules of writing (spelling, punctuation, and grammar usage)*

Write your essay on the lines provided.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.